



Bapuji Educational Association ®

# SSIMS TIMES



S.S. Institute of Medical Sciences & Research Centre, NH-4, Bypass Road, DAVANGERE - 577005

Official Quarterly News Bulletin of SSIMS&RC

Vol.: 8

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July-Sept-2013

*Independance Day-2013*



*Inauguration of Niranthara -13 Cultural day*



*Release of Syncitium-13*





Doctor's Day Celebration



Neonatology CME

Science Forum



Surgery CME

1st Batch of International Students at SSIMS&RC



ಜಾಗತಿಕ ಸ್ತನ್ಯಪಾನ ಸಪ್ತಾಹ  
ಆಗಸ್ಟ್ 1 ರಿಂದ 7, 2013

World's Breast Feeding Week (August 2013)

Visit by Malaysian Delegate



ENT - Quiz

Skin Dept CME



Naithik 2013-1st UG Conference at SSIMS&RC



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 MLA, Honorary Secretary, BEA  
 Davanagere



Sri S.S. Mallikarjuna  
 Chairman  
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**Disclaimer:**

Views and opinions express in this newsletter are not directly that of the editor or the editorial board. For any clarification, author of the article is to be contacted

From the Desk of Principal

## Technology in Medical education

Technology allows our students to connect and collaborate in endless and authentic ways. It must be used to support with the existing methods for effective education. Such resources include Computers, skill labs, mannequins, you tube, smart board, Virtual microscope, Wise-MD (web based initiative in surgical education), Alex (Advanced learning exchange), MOOC (massive open online courses), Lecture capture, reusable learning objects and many more.

**Computers:** emerged in 1980's. Widely used in medical training and teaching. **MOOC:** courses provide a forum for excellent lecturers to teach thousands or even hundreds of thousands of students simultaneously. **Skills laboratory:** A facility in which health care professionals learn clinical skills prior to direct contact with the patient. **Mannequins** or virtual patients are widely used in first aid training and practice in life saving procedures. **Web initiative for surgical training (WISE):** uses animation, computer graphics, and video to the diagnosis and management of surgical illnesses. **ALEX:** Advanced learning exchange is a central resource for online medical education content and computer based learning activity. **Bio digital human** is an interactive virtual human body displaced on a projector screen in the anatomy lab. **Lecture capture and reusable learning objects:** The student can revisit the site again and again until he grasp the concept on his own. **You tube:** Playlist of medical video channels are available on Medicine, 3D surgical procedures, minor surgical skills, laparoscopic surgery, plastic surgery, USMLE,

clinical skills, Radiology and many more. All of us are proud to mention our students have submitted medical videos captured on their cell phones to their accounts.

**Advantages:** 1. Convenience of usage 2 Easier communication between doctor, patient and departments for consults. 3 Faster to transfer and share information.

**Disadvantages:** 1 Viruses and harmful software. 2 Must be upgraded regularly. 3 Limited physical interaction. 4 High cost of production.

In order to train highly skilled future doctors it is important we need to select the right technologies to meet our educational objectives. The illiterate of the 21<sup>st</sup> century will not be those who cannot read and write, but those who cannot learn, unlearn and relearn using available technology.

If we teach today as we taught yesterday, we rob our students tomorrow.

*Dr. P. Nagaraj  
Principal*

## Editorial

Dear friends & colleagues,

SSIMS Times wishes all the readers a very "Happy Deepawali" – Festival of lighting, diyas, enlightenment of the soul, overcoming darkness, ignorance and stepping into a clearer & a brighter world.

SSIMS & RC Celebrated India's 66<sup>th</sup> Independence Day with great patriotism. As someone has rightly said "Freedom was not gifted, it was snatched by an unstoppable fight. Fighter's painted with blood on their life's canvas & never turned back with fright". This needs to be remembered especially by our political class of people. The Independence Day at SSIMS was celebrated with patriotic songs, March fast & cultural activity.

In this bulletin we bring you an article on

Naithik' 13 an undergraduate conference on Medical Ethics. Here students conducted & attended the conference. Students should understand the four bioethical principles i.e.,

1. Autonomy – Patient has right to choose or reject the treatment.
2. Beneficence – Action intended to benefit the patient.
3. Non Maleficence – Do no harm.
4. Justice – Being fair in the decision of who gets what treatment.

Apart from this one, they should have

respect for person (Patient) & be truthful & honest. They should try to inculcate these values right from student days. If they do so, then in the future they can practice medicine with dignity.

Concluding with a positive thought that lets all end our days with a smile, because no matter how hard things were today, tomorrow will be a fresh opportunity to make it better.

**Dr. Vidya Nadiger**  
**Editor**

## DEPARTMENTAL ACTIVITY

### DEPARTMENT OF ANATOMY

1. Dr Gourishankar Ganga, Professor, and Post-Graduates Dr Poornima B, Dr Basavaraj B. Dhabale, Dr Naseema Begum, Dr Smitha M and Dr Savita Budi have attended the 15<sup>th</sup> Karnataka chapter of Anatomists state conference organized by Saphthagiri Institute of Medical Sciences and Research Centre, Bangalore.
2. Dr Gourishankar Ganga has presented guest lecture on “Mucin Histochemistry of gastrointestinal tract in Health and diseases” on 13.09.13.
3. Dr Poornima B, III year P.G. Student presented three oral presentations :
  - Study of nutrient and vascular foramina of dry adult human tibia in Davangere.
  - A comparative study of mandibular nutrient canals in healthy & hypertensive subjects.
  - Study of nutrient and vascular foramina of dry adult human humerus.
4. Dr Smitha Mallikarjunappa, III year P.G. Student presented oral presentation on Morphometric study of Acetabulum in central Karnataka region on 15<sup>th</sup> Sept. 2013.
5. Dr Naseema Begum, III year P.G. Student presented oral presentation on Bilateral pelvic

Kidneys - A case Report on 15<sup>th</sup> Sept. 2013.  
6. Dr Basavaraj B Dhabale, III year P.G. Student presented oral Presentation on Histological and Histochemical study of Human foetal submandibular gland in 2<sup>nd</sup> and 3<sup>rd</sup> trimester on 15<sup>th</sup> Sept. 2013.

7. Dr. Savitha Budi, II Year P.G. Student presented 3 oral presentations on 15<sup>th</sup> Sept. 2013:

- Incidence of variation in the origin branching distribution and pattern of musculocutaneous nerve with its embryological basis and clinical correlation.
- Incidence of foramen of Morgani's hernia in adult with its embryological basis and clinical correlation.
- Variation in the branching pattern of renal artery with its embryological basis and clinical correlation.

### DEPARTMENT OF PHYSIOLOGY

1. Dr Ravikiran Kisan and Dr Soumya BA attended the “workshop on research methodology and research statistics” SHODH -2013 held at SSIMS & RC.

2. Dr. Suneeta Kalasuramath, Asso Professor attended the ICMR workshop for “Advancement of Physiological Sciences (ICAPS)” and presented a research proposal

in NIMHANS, B'lore between 20 and 22<sup>nd</sup> Sept.

### DEPARTMENT OF BIOCHEMISTRY

3. Dr Nagarajappa K, Professor and Dr Swapnali, Assistant Professor, attended AMBKCCON 2013 held at JJMMC, Davangere.

4. Dr Sushma B J, Dr Leela P, Dr Shilpa S Kasat, Dr Shweta R Hebbar, Dr MD Rashid Ahsan Lodhi and Dr Shabnam S; Post Graduates, attended workshop and first state level conference, AMBKCCON-2013 held at JJMMC, Davangere.

5. Oral and Poster Presentations at AMBKCCON 2013

Name of the PG Students	Oral/Poster	Topic
Dr Sushma B Jagannatha Dr Nagarajappa K	Oral	"A study on association of thyroid stimulating hormone with insulin resistance independently of body mass index in women with polycystic ovarian syndrome"
Dr Sushma B Jagannatha Dr Nagarajappa K	Poster	"A study of NS1 antigen, liver function tests and electrolyte disturbances in patients with dengue infections".
Dr Leela P Dr Mallikarjun C R	Poster	"Apolipoprotein B: A novel risk assessment tool for IHD".
Dr Shilpa Kasat Dr Mallikarjun C R	Poster	"Lipid profile and oxidative stress marker in pre- and post- haemodialysis".
Dr Shweta R. Hebbar Dr Sushma B Jagannatha Dr Nagarajappa K	Oral	"Study of serum calcium, magnesium and phosphorous levels in patients with thyroid disorders".
Dr MD Rashid Ahsan Lodhi Dr Mallikarjun C R	Oral	"Study of serum zinc, chromium and magnesium in type- 2 Diabetics".

6. Dr Sushma B J won first prize in state level QUIZ competition at AMBKCCON 2013 under the guidance of Dr Nagarajappa K.

7. Dr Leela P, Dr Shwetha R Hebbar and Dr MD Rashid Ahsan Lodhi attended hands on training on "Basic course in PCR techniques" held at Manipal University, Manipal.

8. Dr Sushma BJ, Dr Shweta R Hebbar, Dr Md Rashid Ahsan Lodhi and Dr Shabnam attended the "workshop on research methodology and research statistics" PARISHIDHANA -2013 held at BDC, Davangere

### DEPARTMENT OF COMMUNITY MEDICINE

1. HIV awareness programme was organized at Anjaneya Government High School, Turchghatta on 10-07-2013. Dr Kusum Mane, Asst Prof and Dr Ayesha Nawaz, Asst Prof, participated in the programme. Interns posted in Department of Community Medicine, Dr Sowjanya and Dr Surendra spoke on "HIV and its prevention".

2. Dr Suryakantha A H, Professor released

the third edition of his book "Community Medicine with Recent Advances" on 19-07-2013. The book releasing ceremony was held at Department of Community Medicine. The Programme was presided over by Dr Varadaraj Rao, Dr Bheemayya Badesab, Prof and Head, staff members, post graduate students and interns posted in Department of Community Medicine attended the programme.

3. Department of Community Medicine observed the World Hepatitis Day by creating awareness programme on Hepatitis for nursing students on 29-07-2013. Interns posted in Community Medicine Dr Samarth, Dr Rajesh, Dr Siddharth and Dr Meghana gave health talk on this occasion. All the staff members, postgraduate students of Department of Community Medicine participated in the programme.

4. Department of Community Medicine observed the World Breastfeeding week 2013 by conducting various programmes from 1<sup>st</sup> to 7<sup>th</sup> of August 2013. The theme for this year is "Breastfeeding support; close to mothers".

5. Health check-up of 2523 school children belonging to 22 schools located in different villages of Davangere was carried out under Suvarna Arogya chaitanya program from 10-08-2013 to 20-08-2013. All the staff members, post graduate students and interns actively participated in the programme.

6. Awareness programme on menstrual hygiene was carried out for High school students in urban field practice area on 22-08-2013. Miss Pratibha, Final year M.B.B.S student spoke on Menstrual hygiene. Dr. Ayesha Nawaz, Asst professor, and interns participated in the programme.

7. A training programme on First Aid was organized for the students of Institute of fire and safety at the Department of Medical Education, SSIMS on 28<sup>th</sup> and 29<sup>th</sup> of August. The programme was held in collaboration with Youth Red Cross. The sessions were carried out by Dr Shyam, Dr Revathi, Dr Rani and Dr

Shivkumar (Interns posted in Community Medicine). This event was co-ordinated by Dr Aswin Kumar and Dr Sharan Kumar, Asst professors, Department of Community Medicine.

8. Health check up and Hb estimation of high school students was carried out at Anjaneya high school, Turchghatta on 31-08-2013. This was followed by awareness programme on anaemia. Interns posted in department of Community Medicine participated actively in the programme.

9. A training programme on First Aid was organized for the students at Bapuji Polytechnic College, Davangere on 14-09-2013. The programme was held in collaboration with Youth Red Cross. Dr Aswin Kumar, Asst Professor and Dr Sharan Kumar, Asst Professor, participated in the programme.

10. An awareness programme on dengue was held at Alekya High School in the urban field practice area, Bashanagar on 18-09-2013. Dr Kusum Mane, Asst Professor and interns posted in community Medicine participated in the programme.

11. First Aid Training program for school teachers was held at Modern School, in collaboration with Youth Red Cross. Dr Aswin Kumar and Dr Devaraj Patage conducted the training.

12. Quaterly medical check up by ophthalmologist Dr Renuka was carried out at anganawadis in Bashanagar on 19-09-2013 under Mathoshree programme. Dr Ayesha Nawaz and interns participated in the programme.

13. A programme was held on "Womens health and Nutrition" at Bapuji polytechnic College on 20-09-2013. Dr Varadaraj Rao, Professor and Dr Ayesha Nawaz, Asst Professor participated in the programme and delivered guest lecture on "Nutrition" and "Womens health issues" respectively. This programme was held in collaboration with Youth Red Cross, SSIMS.



14. Quaterly medical check up was carried out by Specialists (ENT and Ophthalmology) Dr Renuka and Dr Devika in Anganwadis of Lokikere on 23-09-2013 under Mathoshree program. Dr Aswin Kumar and Interns also participated in the programme.

## World Breastfeeding week 2013

### Theme: Breastfeeding support: close to mothers

This year's theme highlights Breast feeding Peer Counselling. Despite early initiation of breastfeeding by mothers, there is a sharp decline in the breastfeeding rates especially the exclusive breastfeeding. This is due to the lack of sustained support to breastfeeding mothers. The period when mothers do not visit a healthcare facility is the time when a community support system for mothers is essential. Continued support to sustain breastfeeding can be provided by the family, trained health workers, lactation consultants, community leaders, or from friends who are also mothers.

The objectives of World Breastfeeding week 2013 are:

- To draw attention to the importance of Peer Support in helping mothers to establish and sustain breastfeeding.
- To inform people of the highly effective benefits of Peer Counselling, and unite efforts to expand peer counselling programmes.
- To encourage breastfeeding supporters, regardless of their educational background, to step forward and be trained to support mothers and babies.
- To identify local community support contacts for breastfeeding mothers, that women can go for help and support after giving birth.
- To call on governments and maternity

facilities globally to actively implement the Ten Steps, in particular Step 10, to improve duration and rates of exclusive breastfeeding.

Department of Community Medicine observed the World Breastfeeding week by organizing various programmes throughout the week.

**01-08-2013:** Inauguration of "World Breastfeeding Week 2013" organized in collaboration with Department of Paediatrics and Department of OBG. Dr. Varadaraja Rao, Professor, spoke on "World Breastfeeding Week 2013 theme".

**02-08-2013:** Awareness programme for pregnant and nursing mothers was held at PHC, Lokikere. 30 mothers with children below one year and 10 pregnant mothers participated in the programme. Healthy baby contest was held for infants below one year. The criterias for healthy baby were Hospital delivery, regular antenatal checkups by mother during pregnancy, early initiation of breastfeeding, feeding colostrums, exclusive breastfeeding, continued breastfeeding after six months and anthropometric measurements. Dr. R.M. Naik, Medical officer of PHC, Lokikere gave the prize to the winner of the contest.

Interns posted in Community Medicine highlighted the myths and beliefs in the community about breastfeeding practices through a role play. Followed by this an awareness programme on proper breast feeding practices and weaning was carried out in kannada by the interns Dr. Shruthi and Dr.Rani.

**03-08-2013:** A speech competition on the theme "Breastfeeding is the best feeding" was held for the final year students of Government First grade degree college, Davangere. The first fifteen entries were selected to speak and the contest was judged by Dr. Bheemayya Badesab, and Dr. Aswin Kumar. Prizes to the winners of the contest were given by Dr. Bheemayya B and Mrs. Holehosur,





Principal of Govt degree College. Dr. Ayesha Nawaz, spoke about the importance of observing World Breastfeeding Week and proper breastfeeding practices.

**05-08-2013 and 06-08-2013:** Dr. Kusum Mane and Dr. Pragathi Chavan, professor, spoke on "Culture, concept and controversies in breastfeeding" in two separate programmes organized for Undergraduate students and interns respectively. This programme was held in collaboration with Department of paediatrics.

**06-08-2013:** Awareness programme for pregnant and nursing mothers was held at Urban Health Center, Bashanagar. About 43 mothers with children below one year and 7 pregnant mothers attended the programme. Healthy baby contest was held for infants below one year. Dr. Chandrakala, Medical officer of UHC, Bashanagar gave the prize to the winner of the contest. Interns posted in Community Medicine highlighted the myths and beliefs in the community about breastfeeding practices through a role play in hindi. Followed by this an awareness programme on proper breast feeding practices and weaning was carried out in Hindi by the intern Dr. Richa.

Dr. Varadaraj Rao, Professor and all the staff members, postgraduate students and interns of Department of Community Medicine actively participated in the programme.

**07-08-2013:** As this years theme highlights peer counselling, a training programme with the intention of forming Breastfeeding support groups was held at PHC, Lokikere for ASHA, ANMs and anganwadi workers. The training was carried out on breastfeeding practices and breastfeeding in special situations by Assistant Professors of Department of Community Medicine Dr. Aswin Kumar, Dr. Ayesha Nawaz, Dr. Sharan Kumar and Postgraduate student Dr. Devaraj.

Department of Community Medicine has received the certificate from WABA, Penanag, Malaysia for the various activities observed

during World Breastfeeding Week.

#### DEPARTMENT OF MICROBIOLOGY

1. Dr Yogeesh Babu K V, Professor was invited as Judge for poster presentation for UG conference "NAITHIK" on 31<sup>st</sup> Aug 2013.
2. Dr Jayasimha V L, Professor was the Organizing Secretary for UG Conference "NAITHIK - 2013" held on 30<sup>th</sup> and 31<sup>st</sup> Aug 2013.

#### DEPARTMENT OF PATHOLOGY

1. Health awareness programme was held by Mahila Jnana Vikasa Kendra's inauguration function on 19.08.2013 which is a part of Srikshetra Sridarmastala Gramabhivrudhi yojane, Dr Deepti Pruthvi attended the above programme and spoke on breast cancer cervical cancer and hygiene.
2. Post graduates attended the 40<sup>th</sup> state KCIAPM conference held at Bijapur on 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> of September at Bijapur. Second year Post graduates Dr Shamila, Dr Shilpa, Dr Shreedevi presented Oral papers and first year Post graduates Dr D Sujoy and Dr Udayashankar presented posters.
3. Dr Iqbal Ahmed Shariff Assistant Professor, attended CME on Hemovigilance programme of India on 28.09.2013, organised by Transfusion Medicine Centre Department of Neuropathology, NIMHANS, Bangalore, under the aegis of National Institute of biological & India pharmacopoeia commission, MoHFW, Gol & state Drugs Control Department, Govt of Karnataka.

#### DEPARTMENT OF FORENSIC MEDICINE & TOXICOLOGY

1. The teaching staff of the Dept. of Forensic Medicine and Toxicology have conducted two major events like "Mock court trial and forensic medicine Quiz" in the recently organized "Naithik-2013- a South

Zonal undergraduate Annual conference” on professional ethics for medicos on 30<sup>th</sup> & 31<sup>st</sup> of August 2013.

2. On behalf of all the para-clinical departments, the Dept. of Forensic Medicine and Toxicology has organized an “Orientation Programme” for the freshers in 2<sup>nd</sup> MBBS (III Term students) on 24-09-2013. On this occasion all four paraclinical Department HOD’s and Principal addressed and congratulated the students.

3. Dr Vijayakumar B Jatti and Dr Nagesh Kuppast have published an original article entitled on “Prediction of stature and their correlation based on hand length of population in and around Davangere (India)” in ‘V-Care for Life Sciences Journal (ISSN: 2231-9522): Vol-3, Issue-1: March-2013: Pg: 04-08.

4. Dr Vijayakumar B Jatti has published an article entitled as “A Study of Post-Mortem Histo-pathological Findings in Snake Bite Poisoning: Medico-Legal Update: Volume: 13, Issue: 1, Year: Jan-June 2013, Pg: 203-208.

5. Dr Vijayakumar B Jatti has published an article entitled as “An Extremely Rare Presentation of Mesenteric Cyst”: Indian Journal of Public Health Research and Development: Volume: 4, Issue: 1, Year: 2013, Pg: 245- 248.

6. Dr Vijayakumar B Jatti & Dr Nagesh Kuppast, have published an original article entitled as “Estimation of Height of the person from foot length in Davangere district” in ‘International Journal of Plant, Animal and Environmental Sciences: volume-3, Issue-4, Oct-Dec-2013.

7. Dr Vijayakumar B Jatti has co-authored an original article entitled as “Study of intra-ocular Pressure Changes in Aphakia and Pseudophakia cases after cataract surgery” with Dr Vidya M Nadiger. This article was published in ‘V-Care for Life Sciences Journal: Vol-3, Issue-3: Sept-2013: Pg: 04-12.

8. Dr Vijayakumar B Jatti has submitted

an article entitled as “Fatal stab injuries: A murder mystery revealed by exhumation” to the Journal of “Medico Legal Update”, which is accepted by the journal editor for the publication.

9. Dr Hemanth Raj M N, has published an article titled “An overview of cervical vertebrae fractures in Road Traffic Accident cases – A 5 year study at Adichunchanagiri Institute of Medical Sciences, Mandya. Karnataka” in Medico legal update: July-December 2013.Vol-13, No.02. Pg-47-49.

10. Dr Nagesh Kuppast has submitted an article entitled as “Identification of Gender from dimensions of palate” to the Journal of “Medico Legal Update”, which is accepted by the journal editor for the publication.

#### DEPARTMENT OF OPHTHALMOLOGY

1. Dr Prakash V Suranagi, Prof & HOD, Ophthalmology attended ‘Refractive surgery 360’ conference organized by L V Prasad Eye Institute, Hyderabad during 17<sup>th</sup> and 18<sup>th</sup> August, 2013.

2. Dr Prakash V Suranagi, Prof & HOD Ophthalmology underwent hands on training (Skill transfer Course) on phakic IOL/Intra Ocular Contact Lens (ICL) during ‘Refractive surgery 360’ conference organized by L V Prasad Eye Institute, Hyderabad during 17<sup>th</sup> and 18<sup>th</sup> August, 2013.

Eye camps conducted from Department of Ophthalmology and DBCS, and number of free surgeries done

1.	06/07/2013	HIREMEGALAGERE	37
	20/07/2013	BILICHODU	23
2.	03/08/2013	MAYAKONDA	15
	17/08/2013	ALURU	19
3.	07/09/2013	KENCHIKERE	43
	21/09/2013	PALLAGATTE	



**DEPARTMENT OF  
OTORHINOLARYNGOLOGY****First State level ENT Undergraduate Quiz**

First state level ENT undergraduate quiz was conducted by Department of ENT of SSIMS&RC and JJMMC, Davangere and ENT surgeons association on 14<sup>th</sup> September 2013 at Auditorium SSIMS&RC. 40 teams (two members) from 24 colleges across the state had participated in the Quiz. A maximum of two teams per college could represent for the state level quiz. Selected candidates representing various colleges were selected by MCQ/IA test at their college level.

Two preliminary rounds of written test were conducted. Out of 40 teams, 6 teams made entry into the final round. Dr Jyothi Swaroop, Professor, Department of ENT, Siddhartha Medical College, Tumkur was the quiz master.

Dr Manjunath Alur, Principal, JJM Medical College, Dr Shankar M, Senior ENT Surgeon, inaugurated the Quiz programme by lighting the lamp. Dr NK Kalappanavar, Medical Director, SSIMS & RC, Dr AM Shivakumar, Vice Principal and HOD, Department of ENT, Dr Arun Ajjappa, Vice Principal, HOD, Department of Anaesthesiology, Dr Basavaraju KP, Professor, Department of ENT and other faculty members from the Department of ENT of JJMMC and SSIMS & RC took part in the inauguration programme. Dr Manjunath Alur gave the presidential address.

After 7 rounds of audio visual questions, Winners and Runners up were chosen. Mr Bhushan C Shetty and Anish Bhat P from KMC, Mangalore won the quiz competition and cash prize of Rs. 10,000/- with trophy. Mr. Arun S and Ms. Nikitha B. Vadvadgi from Mandya Institute of Medical Sciences, Mandya were runners up and won a cash prize of Rs. 5,000/- with trophy. Team Ms. Chaitra KR & Ms. Nalini and Team Ms. Navya N P & Ms. Neha Manjani representing

SSIMS&RC stood at IIIrd and Vth position respectively. Team Ms. Pradyumn Shenoy, Mr. Vijaykumar from KMC Mangalore stood IV, Team Mr. Rakesh and Mr. Sham S Taurej from VIMS Bellary stood VI in the quiz competition.

Dr. AM Shivakumar thanked the gathering.

**DEPARTMENT OF PAEDIATRICS****Dr. N. K. Kalappanavar, Medical Director, Prof & Head:**

1. Delivered talk on "Community Acquired Pneumonia" at Shimoga Dist. IAP CME on Infectious Diseases held on 07-07-2013.
2. Attended workshop on "Safe injection practice" as National faculty at Bangalore BPS meet on 21-07-2013.
3. Attended Infectious disease CME at Bangalore organized by Karnataka State ID Chapter of IAP Chaired the Session on Typhoid symposium on 18-08-2013 at Hotel Atria.
4. Participated as faculty at National conference on "Paediatric education" held at Mangalore on 31<sup>st</sup> August to 1<sup>st</sup> September 2013. Delivered a talk on "What students expect from teachers".

**Dr.B.S.Prasad – Vice Principal Prof of Paediatrics & Director of Neonatology**

1. Attended as National Certified PALS Instructor for 2 day Course for Postgraduates and Paediatricians at Hubli KIMS College on 30th & 31st August 2013.
2. Attended as a faculty in the South Zone Neo-Nursing CME, at BCHI & RC, JJMMC, Davangere, on 14-09-13 spoke on "Prevention of Neonatal Nosocomial Infections- Strategies, EBM".
3. Attended as a National Certified Advanced NRP Instructor for IAP-NNF Neonatal Resuscitation Program, at BCHI & RC Davangere on 27-07-2013.
4. Attended Hands on Workshop on "Neonatal Cranial Ultrasound Scanning by

Neonatologists” at Manipal Hospital, Bangalore on 10-08-2013.

5. Conducted “Annual CME in Neonatology – Recent Advances and Hot Topics in Neonatology” at SSIMS & RC on 20-07-2013 as Organising Secretary.

6. CME IN NEONATOLOGY: “Recent advances and hot topics in Neonatology” was held on 20<sup>th</sup> July 2013, Dr.B.S.Prasad Organising Secretary.

#### **Dr. Latha. G. S, Associate Professor**

1. Attended National level training Programme on IYCF as 1<sup>st</sup> to 4<sup>th</sup> Specialist Counsellor conducted at New-Delhi between 1<sup>st</sup> July and 7<sup>th</sup> July 2013 at Guru Tej Bahadur Hospital.

2. “IYCF” Unit was inaugurated at SSIMS&RC on the occasion of “WORLD BREAST FEEDING” week followed by a talk on “Journey of WBW”.

3. Training Programme was arranged for all the nursing staff of SSIMS&RC on 2<sup>nd</sup> August 2013 and a session on feeding of Low Birth Weight babies was done.

4. Organized 26<sup>th</sup> IAP Paediatric quiz for UGs Local College round on 3<sup>rd</sup> August 2013 and was the Quiz Master.

5. Delivered a talk on the theme of World Breast Feeding week - “Breast feeding close to mothers” at Bellary Medical College on 4<sup>th</sup> September 2013 organized by District IAP Branch.

6. Conducted the training Programme on “IYCF” for all the participants from different states [total 34 members] which was jointly organized by SAATHI & BCHI between 19<sup>th</sup> and 22<sup>nd</sup> September 2013.

7. Attended as a Panellist in zonal CNE Programme conducted by BCHI on 14<sup>th</sup> September 2013.

8. Participated as a trainer in the National Training Programme held at BCHI on IYCF Middle level counsellor course between 16<sup>th</sup> and 22<sup>nd</sup> August 2013.

**Dr.Naveen G. Nadig, Associate Professor**  
- Was a Panellist in Teachers Annual Conference held at Chindodi Leela Conference hall on 21-09-2013.

#### **Dr.Sanjay.D, Associate Professor**

1. Completed “NRP” training held on 27<sup>th</sup> July 2013 and is selected for TOT on the same, due on December in Hyderabad.

2. Working as co-editor for International indexed Journal “International Journal of A.J.Institute of Medical Sciences.

#### **CME IN NEONATOLOGY: NEO-2013**

Dept of Pediatrics & Neonatology of S.S.I.M.S & R.C , J.J.M.M.C, B.C.H.I & R.C, IAP Davangere District Branch and NNF Karnataka State Branch conducted CME Neonatology on 20/7/13 under the theme of “Recent Advances and Hot Topics in Neonatology”. Distinguished speakers & experienced neonatologists from different Super speciality hospitals across state shared their knowledge and experience on topics like new newborn resuscitation guidelines, late preterms, ventilatory problems, neurosonogram, enteral feeding & surgical issues related TEF.

The aim of this programme was to enrich the knowledge of neonatology among participants & delegates and to help the community at large & also in propagating the knowledge to the students of medicine. CME programme was started with inauguration by lighting the lamp by dignitaries on the dias. Dr N.K.Kalappanavar introduced all the guest speakers and other dignitaries Dr P.S.Sureshababu, Prof of Pediatrics J.J.M.M.C DVG, Dr S.S Prakash, Prof of pediatrics, J.J.M.M.C & President IAP Davangere Dist branch and Dr Madhupujar, Assoc Prof of pediatrics, J.J.M.M.C & Secretary DVG Dist branch.

Dr Venkatesh H A, Neonatologist, Manipal Hospital, B'lore and Secretary of N.N.F State chapter gave presidential address.



Inauguration programme ended with vote of thanks by Dr B.S Prasad.

26<sup>th</sup> IAP Paediatrics Quiz for undergraduates: Local College round was conducted on 3<sup>rd</sup> August 2013.

### DEPARTMENT OF OBSTETRICS & GYNEACOLOGY

1) Dr. Prema Prabhudev Professor & HOD attended guest lecturer by Dr. Naveen, Urologist on 'Male infertility' organized by OBG Society, Davangere branch under FOGSI at Library lecturer hall, JJMMC on 28<sup>th</sup> June 2013.

2) Dr. Prema Prabhudev Professor & HOD has undergone training on speciality course on "Gestational diabetes Malitius" conducted by FOGSI and Dipsi from June to August 2013 at Hubli and has been awarded 12 credit points by ICOG.

3) Dr. Vijaykumar.M.M, Asso. Professor attended Urogynaecology workshop as faculty at Bangalore, Sanjeevani hospital on 29<sup>th</sup> & 30<sup>th</sup> June 2013.

4) Dr. Rashmi Hegde, Asso. Professor and Dr. Arif, Asst. Professor were attended Health camp at Kukkawada on 4<sup>th</sup> July 2013.

5) Dr. Vijaykumar. M.M, Asso. Professor delivered a guest speech at IMA hall Badravathi on 'Female stress urinary incontinence and vaginal discharge' on 25<sup>th</sup> August 2013.

6) Dr. Prema Prabhudev, Professor & HOD was one of the invited faculty during breast feeding week and gave lecture on 'Antenatal preparation for breast feeding' on 6<sup>th</sup> August 2013 at LT-4, SSIMS Hospital.

7) Dr. Prema Prabhudev, Professor & HOD was chairperson for guest lecture by Dr. Veena Vaswani on 'Medical Ethics' organized by DOME on 30<sup>th</sup> & 31<sup>st</sup>.

8) Dr. Prema Prabhudev, Professor & HOD and Dr. Vijaykumar. M.M, Asso Professor attended guest lecturer on 'Thyroid disorder in pregnancy' by Dr. B.M.

Vishwanath, Professor, Dept. of Medicine, JJMMC organised by OBG society, Davangere branch.

9) Dr. Prema Prabhudev and Dr. Vijaykumar attended a guest lecture on 'Chemotherapy in Gynaec. Cancer' by Dr. C.N. Patil, Medical oncologist at 30<sup>th</sup> August 2013 in Bapuji hospital organized by OBG society, Davangere branch.

10) Dr. Vijaykumar. M.M., Asso. Professor was one of invited faculty for Urogyn 2013 conference and gave lecture on "Pelvic floor anatomy and reconstructive surgeries" on 28<sup>th</sup> & 29<sup>th</sup> Sept. at Silchar Medical College, Assam.

### DEPARTMENT OF ANAESTHESIA

**Dr. Arunkumar Ajjappa, Professor & Head**

1. Delivered a Guest Lecture on "Enteral tube feeding techniques" in CME- Nursing on 18/06/2013 at SSIMS&RC, Davangere

2. Attended CME on Inhalational Anaesthesia as a resource person held on 11<sup>th</sup> August -2013 at KLE University, Belgaum

3. Gave a Lecture on clinical utility and interpretation of ABG at **AMBKCCON** -2013, Topic – "Arterial Blood Gas Analysis – Interpretation" held on 13<sup>th</sup> & 14<sup>th</sup> September - 2013 State Level Conference at JJMMC, Davangere

4. Underwent training in Palliative care at Kidwai, B'lore between 19/08/2013 & 24/08/2013 under Dr.Lingegowda.

5. Delivered a Lecture on "OT Sterilization techniques" in CME & Workshop conducted by Hospital Infection Control Committee SSIMS&RC, Davangere on 21<sup>st</sup> September 2013

Dr.Chirag Babu P.S. Dr.Dheeraj R. Patel & Dr.Sagar S.M. attended workshop on Biostatistics, in Dome at SSIMS&RC, Davangere on 11<sup>th</sup> Sep. & 12<sup>th</sup> Sep. 2013

Dr.Prathibha H. & Dr.Priyanka S. attended and presented poster in KISACON -2013 at

Rajarajeshwari Medical College at Bangalore between 13<sup>th</sup> Sep. & 15<sup>th</sup> Sep. -2013. Dr. Priyanka S. won 1<sup>st</sup> prize ( Rs 5000/-) for best poster.

**DEPARTMENT OF DERMATOLOGY,  
VENEREOLGY & LEPROSY  
CME IN - 2013**

CME programme for post graduate students and consultants was conducted on 24/8/2013 at SSIMS & RC.

Dr.Krati Mehrotra was Speaker. Session was chaired by Dr. Jagannath Kumar V, Prof & HOD.

Topic discussed in CME- **Revisiting: The Skin Barrier**

Dr.Gopal Pur S.V attended Camp on 24<sup>th</sup> May 2013 at Kumbaluru.

Dr.Harshavardhana K.N, participated in Cricket on 18/9/13 to 20/9/13 at College of Dental Science, Davangere.

Dr. Vishal Methere attended Districts Training Programme on 11<sup>th</sup> September 2013 at Karnataka state AIDS Prevention society, Hubli.

**DEPARTMENT OF EMERGENCY  
MEDICINE**

1. PGs Dr.Mahesh.k,Dr.Bakkesh Boodihal Prasad and Dr.Karthik Reddy, C.H were welcomed and were given one day orientation lecture by Dr.Narendra.S.S, Prof & HOD on July first week.

2. Dr.Vikas.G.K and Dr.Mahesh.K attended the KANCIPS-2013 conference held at Hassan on 6<sup>th</sup> & 7<sup>th</sup> of July. Dr.Mahesh. K presented a poster on Imidaclopride poisoning.

3. Dr.Mallikarjun.M.P, Dr.Vikas.G.K and Dr.Karthik Reddy.C.H attended conference on Tuberculosis and Re-orientation on RNTCP conducted by Dept. of Pulmonology, JJMMC on 30<sup>th</sup> & 31<sup>st</sup> of August.

4. Dr.Narendra.S.S, Prof & Head, Dept. of Emergency Medicine, Dr.Vikas.G.K and Dr.Mahesh.K attended the TRAUMA DRILL which was held at SPARSH, Bangalore on 7<sup>th</sup> Sept.

5. Dr.Bakkesh Boodihal Prasad and Dr.Karthik Reddy.C.H attended CME on Toxicology held at St. John's Hospital, Bangalore on 21<sup>st</sup> Sept.

**HOSPITAL INFECTION CONTROL  
COMMITTEE**

A CME/Work shop on OT sterilization & hand hygiene was conducted by HICC to all OT staff nurses and House surgeons, on 21<sup>st</sup> September.

Presentation of OT sterilization techniques was done by Dr.Arunkumar. A. Prof and Head, Dept of Anaesthesiology.

A Lecture on importance of hand hygiene & hand hygiene techniques was delivered by Dr.V.L.Jayasimha, Infection Control officer, HICC.

Dr.Yogeesh Babu K.V., Infection Control officer, HICC gave talk on housekeeping techniques in monitoring OT sterilization.

The CME was followed by a role play by MBBS students on OT sterilization.

Hand hygiene techniques, monitoring of OT sterilization by air sampler, disinfectants used in Operation Theatre was demonstrated in the work shop.

**DEPARTMENT OF MEDICAL  
EDUCATION**

1) Guest lecture on "Life and Medical Intricacies" by Dr. T.G.K. Murthy, Advisor to the Dept of Science & Technology, Govt of India, (Former Program director & outstanding scientist, ISRO) on 23.08.2013.

2) Basic Medical education Technology workshop was attended by Dr. Gejje, Prof Surgery, Dr. Sachin Bongale & Dr. Nagaraj V.T., Asst Professors, General Medicine at Regional training centre, JNMC, Belgaum



between 21.08.2013 & 23.08.2013

3) Undergraduate conference of Medical Ethics was conducted by Dept of Medical Education on 30<sup>th</sup> & 31<sup>st</sup> August 2013 at SS Auditorium, SSIMS & RC, Davangere. Programme started with inauguration by guests Dr. Veena Vaswani, Dr. Gurudutt Pawar, Dr. P. Nagaraj, Dr. Shashikala P Krishnamurthy and Dr. Kalappanavar on 30.08.2013 & 31.08.2013

4) Dr. Gayathri Patil Prof OBG & Dr. Shanthala Arunkumar Prof, Ophthalmology attended the workshop on "Evidence based medicine organised by University Department of education for health Professionals( UDEHP) KLE Dr. Prabhakar Kore charitable Hospital Belgaum held on 31.08.2013

5) Workshop on Research Methodology

(Biostatistics) "Shodh" was conducted on 11<sup>th</sup> & 12<sup>th</sup> September 2013. 32 faculty members of various departments along with postgraduates attended the workshop which included hands on experience & group activity. Resource persons included eminent speakers like Dr. Nagesh L. Prof of Public Health Dentistry, Dr Shyam from Chennai, Dr. Nachiketh, Anatomist from St. John's Bangalore. Dr. Pooja C. Yovagal & Dr. Savithra Prakash. Dept of public dentistry, BDCH Davangere.

6) Integrated teaching programmed was conducted for I year M.B.B.S students on the topic "Anemia". Programme was coordinated by Dr. Renu Lohitashwa Asst. Prof dept of Physiology on 20.09.2013.

S. No.	Doctors	Topic
1	Dr. Renu Lohitashwa, Asst. Prof, Dept of Physiology	Erythropoiesis & Hemoglobin.
2	Dr. Sonam Nandyal, Asst. Prof, Dept of Pathology	Classification of Anemia
3	Dr. Swapnali, Asst. Prof, Dept of Biochemistry	Investigations.

#### YOUTH RED CROSS

1) A voluntary blood donation and awareness camp was conducted at Bapuji –B school along with C.G. Blood Bank on 24.08.2013. 43 students donated on the occasion. Blood bank team consisting of Dr.Sonam along with house surgeons and blood bank technicians conducted the camp.

2) First aid: Training Programme was held for the students of 'NIFE' college on 28<sup>th</sup> & 29<sup>th</sup> of August. In this programme students of NIFE College were trained on Basic First Aid along with cardiopulmonary resuscitation, transport of victims etc. The training programme was conducted by Dr.Revati. K., Dr.Rani, Dr. Shyam, Dr. Shivakumar and Dr.Rajanikanth. The importance of first aid was explained by Dr. Sharan Kumar. The programme was organized in SSIMS & RC.

3) A voluntary blood donation and awareness camp was organised by Dr.Ramesh kumar in association with Vijayaprada Vinayaka Seva Samiti, at Rajesh Clinic, near old bus stand Harapanahalli on the occasion of Ganesh Mahotsava festival on 11.09.2013 in association with Indian Red Cross. Dr. Iqbal Ahmed Shariff, Assistant Professor along with house surgeons Dr. Rajesh, Dr. Rameshwar, Dr. Shruthi H.N. Dr. Shalini & Dr. Shruthi Nayak and technicians Mr. Devaraju, Mr. Nagabhushan Reddy, staff nurse Mr Harish and Attender Mr. Basavaraju conducted the camp. A total of 45 units of blood were collected

4) A voluntary blood donation camp was organized at Forest Office Department on the occasion of National Forest day in association with Indian Red Cross Society, Davangere on 11.09.2013. Dr. Sonam along with Dr Sridevi S.H. Post graduate student Department of

pathology along with house surgeons Dr. Keerthi, Dr. Revathi, Dr. Shyam attended the camp. A total 20 units were collected.

5) First Aid Training Programme was conducted for students of Bapuji polytechnic college Davangere to observe the world first aid day on 14.09.2013. The programme was inaugurated by Dr. B.J. Achyuth, Chairman IRC, Davangere and Dr. Shashikala P. Prof & Head Dept Pathology & Vice chairman, IRC Davangere & presided by Mr Veeresh Principal of Bapuji Polytechnic College. The training programme was conducted by Dr. Aswin Kumar Assistant Professor, Community Medicine along with housesurgeons Dr. Sharan Kumar, Dr. Revati K, Dr. Rani & Dr. Shyam .

6) Voluntary blood donation camp was organised by Sri Taralbalu Jagadguru Education Trust, Harapanahali Taluk, Davangere Dist. It was conducted at HPS First Grade College & HPS Degree College on

18.09.2013. Students from both colleges donated blood for the noble cause.. Blood bank team consisting of technicians Mr. Mohd Ismail, Mr.K. Basavaraj (Indian Red Cross), staff nurse Mr.Santosh Kumar, attender Basavaraju, Post Graduates Dr.Shilpa , Dr. Sridevi, Dr. Kruthika & Dr. Sujoy along with Dr. Iqbal Ahmed Shariff, Blood Bank Officer conducted the camp. A total of thirty one units of blood were collected

7) Health awareness was conducted for women trainees of skill development program organized by Bapuji Polytechnic Shabanur college on 20.09.2013. The Youth Red Cross wing of SSIMS & RC coordinated the activity. Dr. Varadaraj Rao, Prof, & Dr. Ayesha Nawaz, Asst Prof, Department of Community Medicine delivered awareness talk regarding nutrition for women and also about prevention and early detection of women related diseases. 30-40 women from the community participated in the programme.

## PUBLICATIONS

Authors	Title	Database	Journal	Department
Dr.RaghuKumar.K., Dr.Yogeesh Babu.KV., Dr.Basavarajappa.KG	Prevalence of Hepatitis-B Surface antigen among patients attending a tertiary care centre,Davangere	2013;Vol2, Issue31, August 5; Page:5856-5861	Journal of Evolution of Medical and Dental Sciences	Microbiology
Harish Kumar V S, Vinutha M B, Pradeep A N, Sathisha Aithal, Sindhura Reddy Baleed, Umakant N Patil.	Bromocriptine, a dopamine (d <sub>2</sub> ) receptor agonist, used alone and in combination with glipizide in sub therapeutic doses to ameliorate hyperglycemia.	Sept 2013, Vol-7(9): 1904-1907	Journal of Clinical and Diagnostic Research	Pharmacology
Dr.Shivakumar.A.H Asso.Professor Dept. of Anatomy	“Estimation of age by eruption of canine tooth in males and Females of South Karnataka Population”	Vol.16(1): July-Dec 2013 Page No. 21-26	International Journal of Medical Toxicology and Legal Medicine	Anatomy
Dr.Prasad B.K, Asso. Professor Dept. of Physiology	QTc Interval: Gender Difference and effect of Menstrual Cycle	Vol.1(2): 2013. Page.91-5	International Journal of Physiology	Physiology
Dr.Prasad B.K, Asso. Professor Dept. of Physiology	Study of Diurnal Variation of Pulmonary Function Test	Vol.5(2): 2013. Page.173-8	Indian Journal of Public Health Research & Development	Physiology



**STUDENT ACHIEVEMENTS****EMPOWER'13**

Apurva S Navalgund, Lakshmi Devi M Patil, Namratha Sheshadri, Priyanka B V , Vinod, Manjula & Devika Chennakeshava were selected to participate in EMPOWER'13 organised by Stanley Medical College, Chennai. Namratha Sheshadri presented a case of "Rhabdomyosarcoma" under the Guidance of Dr. Sunil Byadgi , Dr. Zameerullah & Dr. Shashikala. Devika Chennakeshava presented a case of "Metachronous Multiple Primary Malignancy" under the Guidance of Dr. Sunil Byadgi ,Dr. Zameerullah & Dr. Shashikala. Apurva S Navalgund presented a case of "Alkaptonuria" under the Guidance of Dr. Praveenkumar. Lakshmi Devi M Patil presented a case of "Dorsal Agenesis of Pancreas" under the Guidance of Dr. Praveenkumar. Priyanka B V presented a case of congenital anomaly causing recurrent pneumonia under the Guidance of Dr.Kalappanavar & "Screening tests for Metallobeta Lactamase producing gram negative bacteria" under guidance of Dr.Yogesh Babu. Vinod presented a paper on "Study of Onychomycosis in South India"under the Guidance of Dr.Yogesh.

Namratha Sheshadri stood first and Devika Chennakeshava stood third in surgery section. Priyanka B V stood second in paediatrics.

**CONCLAVE- Research Symposium**

Devika Chennakeshava (3<sup>rd</sup> year) and Vidharthi Diwakaran (2<sup>nd</sup> year) were selected to participate in CONCLAVE, Research Symposium organized by Christian Medical College, Vellore as a part of "Pegasus- annual inter college fest". It included participants from all over the country. Vidharthi Diwakaran presented her work titled "Genetic characterization of dengue virus serotypes causing concurrent infection in an outbreak in Davangere, Central Karnataka" under the guidance of Dr Vinodkumar C.S, Asso. Prof, Dept of Microbiology. Devika Chennakeshava presented her work titled "Ability of Bacteriophage to resolve wound infection caused by MRSA in rabbit" under the guidance of Dr Vinodkumar C.S, Asso. Prof, Dept of Microbiology. Devika Chennakeshava stood second. Dr. Neel Thomas, Professor and Head, Dept of Endocrinology, CMC

EVENTS	PRIZES	WINNERS
Mad ads	2nd	Shashi Shekar M, Jayanth S S, Sahana Gowda M, Sushma M, Deepa S, Divya K G, Anushree M, Shama Prabhu.
English poetry writing	2nd	Shashi Shekar M
Kannada poetry writing	2nd	Anil Chatnalli
60 mins to fame	2nd	Rahul
English debate	2nd	Avinav Luthra
Pictionary	1st,2nd	Avinav Luthra & Hari Prasad Umar Shareef & Pragnya
Hindi antakshari	2nd	Avinav Luthra & Pragnya
Movie making	2nd	Amirth Prasad & team
Mock press	2nd	Avinav Luthra
Western instrumental	2nd	Sushanth

Vellore appreciated the work and distributed the prize.

### Names of RGUHS representatives for the year 2013-2014

- **BASKETBALL:** Madhu KR, Prathiksha Rao, Aditya Unni, Sneha G, Arunima Sheeja.
- **SHUTTLE BADMINTON :** Abhishek Heranjali, Mayank Dhir, Nitish Bhardwaj,
- **CHESS:** Kallian,
- **FOOTBALL:** Amith CS
- **KHO-KHO:** Naveen S.G, Gautham Kumar, Himaja V .Reddy, Anushree, Nikitha B, Sowjanya, Sunitha Biradar, Shivleela, Deepa
- **VOLLEY BALL:** Nalini B, Hamsa DS,
- Dr.Abhishek Heranjali (5<sup>th</sup> time), Mayank Dhir (4<sup>th</sup> time) and S. Niteesh Bharadwaj (3<sup>rd</sup> time) were also selected to represent the RGUHS University team in the South Zone Inter-University Tournament which will be held at Manipal University from 15<sup>th</sup> to 19<sup>th</sup> December, 2013.

### ZONAL SPORTS

- RGUHS Belgaum zone volley ball, throw-ball and tennicoit for the year 2013 -14 was organised by Basaveshwara Medical College, Chitradurga on 18<sup>th</sup>, 19<sup>th</sup> & 20<sup>th</sup> September. SSIMS & RC girls bagged first place in all the three games and have been selected for inter zonals.
- RGUHS Belgaum zone shuttle badminton hosted at SSIMS & RC on 3<sup>rd</sup>& 4<sup>th</sup> September 2013. Our team of boys were winners. RGUHS Belgaum zone shuttle badminton organised by JJMMC Davangere. Our team of boys were runners. The team also bagged the runners up place in the RGUHS Interzonal Tournament held from 19<sup>th</sup> to 22<sup>nd</sup> September 2013 at JJMMC, Davangere.

The Shuttle Badminton team:

1. Dr.Abhishek Heranjali (Intern)
2. Mayank Dhir (Final year)

3. S.Niteesh Bharadwaj (3<sup>rd</sup> year)
  4. Goutham A (3<sup>rd</sup> year)
  5. Prajwal S (2<sup>nd</sup> year)
- RGUHS Belgaum Interzonals KHO -KHO organised by SSIMS&RC between 18<sup>th</sup> & 21<sup>st</sup> September 2013. Our team of girls were winners.

## NAITHIK'13

- Students following their return from various conferences from across the country were initiated into organizing a conference of our own. But weren't conferences cropping up in every college under different names, but with the same matter? How then, to make our conference different? While on this train of thought, the idea of an Undergraduate Medical Conference based on Medical Ethics was born. Medical Ethics is a matter of raising concern but lowering awareness in the student fraternity today. NAITHIK'13 was started to bring medical ethics outside of forensic medicine textbooks and into the learning and understanding of students. Naithik'13 was started to Explore Medical Ethics.
- From sending invitations to colleges across the South Zone, to deciding the competitions to be held, to finalizing the list of Guest Speakers, Team Naithik was kept on its toes from the very beginning. Under the able leadership of Dr. Shashikala P Krishnamurthy, Dr. Umakant and Dr. Jayasimha, Dr Deepti Pruthvi, Dr Harish, Dr Jatti and Dr Ravikiran the journey of the Naithicians began.
- After 3 months of brainstorming and working, the most awaited days, that is the 30<sup>th</sup> and 31<sup>st</sup> of August arrived, in somewhat a rainy and cloudy fashion, but with the air of anticipation very much palpable. With every nerve of the organizers' jangling, arrived the first set of students, armed with their posters,



cartoons and immense enthusiasm. What followed exceeded the expectation of every single member of the organizing committee. Inaugurated innovatively with Student Organizers lighting their candles from the esteemed guests, signifying the concept of sharing the light of knowledge, Naithik'13, was different from the very beginning.

- Students participated actively in all the competitions organized with Mock Court being the highlight of the event. Students were left speaking in legal lingo long after and the judges even commented that some students must consider doing LLB after their MBBS!
- The Guest Lectures proved to be immensely educational, scientific and students were seen keenly recording all the lectures for their future use. A session on 'Teaching Medical Ethics to Medical Students' by Dr. Gurudatt Pawar was just as interesting as was Dr.Vina Vaswani's session on 'Medical Ethics- A Student's Perspective'. On the second day, Dr. Sanjay Sahay, awed the audience, with his session on 'Ethicos for Medicos'.
- Students were also seen arguing on Surrogacy and Medical Ethics in the debate, clicking photographs from all over the campus for Photography, displaying their hitherto unknown acting skills in Short Movie Making and presenting their cases and papers, only to earn encouragement and support from the entire teaching faculty.
- The quality and enthusiasm only grew as the second day dawned and as the curiosity about the winners rose, there also grew the subtly sense of sadness, indicating that Naithik'13 was coming to a close. As the Mock Court finalists battled it out in the court of law, so did the Debate finalists on the stage, baffling the judges with their conviction and confidence.
- With a heavy heart and yet a sense of achievement both on the part of the Audience, Participants and Organizers, Naithik'13 came to an end. The Valedictory function was graced by Sri. V.L. Reddy, Registrar Evaluation, Dharwad Law University and the teachers even had the Student Organizers sitting on stage, a gesture of encouragement and a reward for all the work done.
- What Naithik'13 left the students with was an idea of Professional Ethics for the participants, and huge learning for the Organizers about the Initiation and carrying out of a conference, a learning that would never be forgotten, and only encourage the student community to persevere for more. It also left every student involved with a deep sense of gratitude for the teachers, who guided them and enabled them to execute this task to completion. Naithik 2013, was a definite success, and surely left the students waiting and hoping for more. Much more.

SSIMS Times congratulates the following I M.B.B.S students for securing Distinction in RHUHS examination held in June 2013.

S. NO	Students name	Percentage of marks
1.	Vasundra Teotia	78.20
2.	Tejashree. P	78.10
3.	Sonika Bindu Prasad	76.60
4.	Pooja Rajesh Naik	76.30
5.	Abhingna Kulkarni U.	75.40

## INDEPENDANCE DAY CELEBRATION

66<sup>th</sup> Independence Day was celebrated in SSIMS and RC by Kannada balaga and Student union 2013.

The morning breeze of august 15<sup>th</sup>, 2013 was filled with patriotism as staff and students of SSIMS and RC gathered together to celebrate 66<sup>th</sup> Independence Day.

Flag hoisting was done by Chief Guest Sri. B. Vamadevappa, Former President, Taluk Kannada Sahithya Parishat, Davanagere. Dr.P.Nagaraj, Principal, Dr.Rajkumar, Co-chairman, Student Union, Dr. B.S.Prasad, Chairman, Kannada Balaga, all teaching staff and non-teaching staff joined their hands together for flag hoisting.

It was followed by march past by students. Mr. Arun hebbar, Secretary, Kannada Balaga extended a warm welcome to the gathering. Sri. B.Vamadevappa spoke about the drifting

passion of the youth regarding India's past. He also added that Indian youth are living the present, but past forms a very important sphere of life as it is a pillory for future.

Dr. B.S. Prasad told Independence is not being free from clutches of British rule but fighting unemployment, illiteracy and underdevelopment.

Dr.P.Nagaraj spoke about national integration and the inherent potential among the youth that can change India. It was followed by cultural programmes by students.

The programme gave an edge for students to commemorate the sacrifices done by freedom fighters and to pledge that they would work together in the construction of tomorrow's INCREDIBLE INDIA.

The programme ended with vote of thanks by Ms. Sharada, Secretary Kannada balaga.

## NIRANTHARA – 13

Niranthara – 13, annual college day of SSIMS & RC was conducted on 26<sup>th</sup> 27<sup>th</sup> & 28<sup>th</sup> sept. It started with Adrenaline'13 – the annual sports day in the presence of Dr. Ravindra B, Professor, Dept of Ophthalmology, JJMMC, DVG. The programme was flagged off by lighting the torch by RGHUS representatives. Ms. Himaja and Mr. Madhu read the annual sports report. The winners in various events were awarded certificates and medals. Both students and teachers participated enthusiastically. Next day was detox'13 – fun fair. It was an amalgamation of joy, celebration and a day of relief for medicos as well as for doctors. The last day was the much awaited celebration, Niranthara'13 – cultural day. It was a day of vibrant joy as the dais witnessed showcasing of myriad talents of young doctors, their potential and creativity. The event was graced by Dr. Sriprakash, Vice Chancellor, RGHUS, Dr. Dhanya Kumar, Director, Health & family welfare services, Dr. Shamanur Shivashan-

karappa, Honorary Secretary BEA. Principal P Nagaraj, Student Union Chairman Dr.J.Manjunath, Co-Chairman Dr.Rajkumar, Chairman of other committees and student secretaries were also present on the dais. Dr. Manjunath extended a warm welcome to the gathering. It was followed by felicitation and distribution of certificate of merit to students for their exemplary performance in sports. Mr. Rakshith & Ms. Vinutha, general secretaries, presented the annual college report. College magazine – SYNCITIUM'13 was released. Dr.Sriprakash congratulated the institution and students for the achievements made not just in academics but in various other fields. The cultural extravaganza included various performances like dance, mad arts, spoof, band etc. The programme was a culmination of efforts of students union 2013 and co operation by all students, teaching and non-teaching staff of the institution.



**CASE REPORT****PARRY-ROMBERG SYNDROME: A RARE CASE REPORT**

**Dr.Jagannathkumar V (Prof & HOD),  
Dr.Harshavardhana K N (PG), Dept of  
Dermatology**

**INTRODUCTION**

- Parry-Romberg syndrome, which is also called Progressive facial hemiatrophy, overlaps with a condition known as “en coup de sabre”, a form of linear scleroderma.
- It is a rare, acquired cutaneous syndrome of unknown etiology. The principal features are atrophy of soft tissues & sometimes the bone, on one half of the face or forehead without facial weakness. Sometimes the atrophy extends to the limbs, usually on the same side & there may be various ophthalmological and neurological complications.

**CLINICAL FEATURES WITH ESTIMATES OF THEIR FREQUENCY**

- Facial hemiatrophy(100%)
- Hemiatrophy of ipsilateral/contralateral arm, trunk or leg(20%)
- Atrophy of tongue(25%)
- Dental abnormalities(50%)
- Migraine/Facial pain(45%)
- Ocular abnormalities like enophthalmia, uveitis, heterochromia etc (30%)
- Epilepsy(10%)
- Vitiligo, Hair depigmentation/ hyperpigmentation(20%)
- Brain MRI abnormalities(10%)

**CASE REPORT:**

A 15year old female patient came with C/O facial deformity & blackish patches over the face with sparseness of hair in frontal scalp since 8 years.

Lesions appeared insidiously with initially only firmness & contraction of the skin over the affected area, which gradually developed to form irregular hyperpigmented sclerotic

patches. Eventually, a linear depressed groove appeared on the forehead extending up to the frontal scalp with surrounding alopecia in that region. All these occurred over a period of 1-2 years duration.

There was no history of tics and mites bites and migratory rashes with fever in the past.

There was no previous history of trauma to head.

**CUTANEOUS EXAMINATION**

- Multiple linear to irregular shaped, ill-defined hyperpigmented non-pinchable skin patches were seen over the right half of the face including the neck and post-auricular region.
- There is visible atrophy of the right facial muscles, fat & the underlying bones. This was confirmed by comparing measurements with contralateral side. There was decrease in measurements taken from (1)Nasion to tragus, (2)Nasion to angle of mandible & (3)Mid-chin to tragus.
- There is a linear depressed groove right lateral to mid-line, extending from right frontal scalp to forehead with alopecia in right frontal scalp.
- There is misalignment of teeth in the right jaws with partial atrophy of the right side of tongue.
- Facial muscles tone and actions were normal on testing
- No neurological deficits found.
- Ocular examination was normal.

**INVESTIGATION:**

- Severe Anemia(4.9g/dl)
- Microcytic hypochromic blood picture with low levels of MCV(53.9fl), MCH(12.8pg) & MCHC(23%)
- Raised ESR(50mm/1hour)
- Urine routine- with in normal limits
- ANA test- Negative

- Histopathology of skin biopsy- Epidermis & upper dermis are unremarkable, except for focal atrophy. Lower dermis & subcutis shows areas of collagenisation. & there is no inflammation

**CONCLUSION:**

It is a rare acquired cutaneous syndrome predominantly seen in females. This case has been reported for its rarity in occurrence & for its unknown association with severe microcytic hypochromic anaemia.



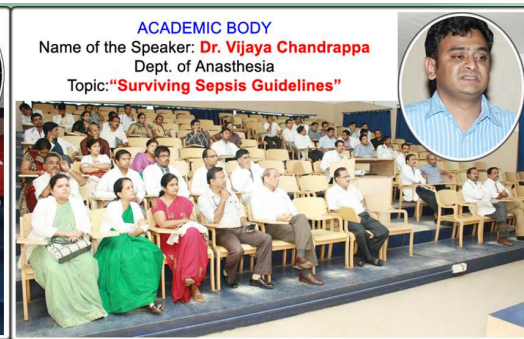
**SSIMS-ites Congratulates the following staff for their new post.**

SI No	Name	Department	From	To
1	Dr.Chandrashekhar Karpoor	Physiology	Asso. Professor	Professor
2	Dr.Prasad B.K.	Physiology	Asst. Professor	Asso. Professor
3	Dr.Chirag Babu P.S.	Anaesthesia	Asst. Professor	Asso. Professor
4	Dr.Munish K.S.	ENT	Asst. Professor	Asso. Professor
5	Dr.Sagar S.M.	Anaesthesia	Asst. Professor	Asso. Professor
6	Dr.Mohammed Shakeel	Gen-Surgery	Asst. Professor	Asso. Professor
7	Dr.Praveenkumar Devarbhavi	Gen-Medicine	Asst. Professor	Asso. Professor
8	Dr.Swapnali	Bio-Chemistry	Asst. Professor	Asso. Professor
9	Dr.Mamatha H.K.	Anaesthesia	Sr.,Resident	Asst. Professor
10	Dr.Naveen G. Nadig	Paediatrics	Asso. Professor	Professor

**SSIMS-ites welcome the following newly joined staff to its family**

SI No	Staff	Date of Joining	Designation	Department
1	Dr.Chittela Kalyani	05.07.2013	Asst. Professor	OBG
2	Dr.Jayakumar J	05.07.2013	Asst. Professor	Radio-Diagnosis
3	Dr.Nagaraj V.T	06.07.2013	Asst. Professor	Gen-Medicine
4	Dr.Nikhil C Hiremath	12.07.2013	Asst. Professor	Gen-Medicine
5	Dr.Rajkumar S.Y	15.07.2013	Asst. Professor	Radio-Diagnosis
6	Dr.Rohit N Maidur	18.07.2013	Asst. Professor	Gen-Medicine
7	Dr.Sharath P.Sangannagoudar	08.08.2013	Asst. Professor	Gen-Medicine
8	Dr.Sachin S.Shabadi	02.09.2013	Asst. Professor	Gen-Surgery
9	Dr.Soumya B.A	06.09.2013	Asst. Professor	Physiology
10	Dr.Shradha Iddalgave	06.09.2013	Asst. Professor	Anatomy
11	Dr.Veeresh Babu D.V	18.09.2013	Asst. Professor	Paediatrics
12	Dr.Siddesh Patil G.S	01.10.2013	Asst. Professor	Orthopaedics
13	Dr.Dhananjaya K.L	07.10.2013	Asst. Professor	Nephrology





**CME-Dept. of Paediatrics**



**SHODH-Research Methodology(statistics)-DOME**

**YOUTH RED CROSS-Activity**



**CME & Workshop by HICC**

**Paediatrics-Quiz-2013**



**Teachers Day Celebration**



**Orientation Day-1st MBBS 2013-14 Batch**

**Orientation Day-2nd year MBBS Batch**



**Shuttle Badminton Tournament**

**RGUHS Single Zone KHO-KHO Tournament**





# ADRENALINE-2013



# NIRANTHARA-2013